



Social Media



Social media posts are an effective way to share with your audience the work of missionaries being supported through the Catholic Mission Church Appeal.

You may also choose to share our Catholic Mission social media posts with your parishioners. We encourage you to like and follow Catholic Mission on Facebook, Instagram, and YouTube using the following:



facebook.com/catholicmission



instagram.com/catholicmission



youtube.com/catholicmissiontv

You can find other resources at catholicmission.org.au/parishes for you to easily place in your parish newsletters and share on your website or social media.

SCAN HERE TO
DOWNLOAD
THE RESOURCES



Post 1: What is Mission?



This year, we celebrate 100 years of World Mission Sunday, a tradition that has been part of parish life for a century.

Every October, generation after generation, Catholics around the world, including here in our own parish, have responded to the Holy Father's call to pray and stand in solidarity with missionaries and communities around the world.

In 2026, we mark this special centenary under the theme "One in Christ, United in Mission", reminding us that mission is something we share. Across countries, cultures and generations, we are united as one family in Christ and called to share God's love through prayer, compassion, service and hope.

As we begin World Mission Month, let us reflect on our place in this continuing story of mission: How are we called to be united in mission today?

#WorldMissionMonth #WorldMissionSunday #UnitedInMission
#CatholicMission

Post 2: You Are a Missionary Too



Every baptised person is called to be a missionary.

Mission is not reserved for a few. It is a vocation shared by the whole Church.

Each day, we are invited to live the Gospel through simple acts of kindness, forgiveness, generosity and compassion. In our homes, workplaces, schools and parish communities, we all have opportunities to share Christ's love with others.

This week, take one small step to bring hope to someone around you. A simple act of love can become an extraordinary witness to the Gospel.

Read Pope Leo XIV's message for World Mission Sunday:
<https://www.catholicmission.org.au/news/latest-news/message-of-the-holy-father-for-world-mission-day-2026>

#WorldMissionMonth #LiveTheGospel #CatholicMission

Post 3: Mission in Malawi



Mission brings hope where it is needed most.

This World Mission Month, we are journeying alongside communities in Malawi through the story of Yamikani*, a 12-year-old boy whose determination to learn inspires us all.

After being displaced by natural disasters, Yamikani and his family now live in a community where children often walk more than 10 kilometres to school, many on an empty stomach.

Together with the local Church, Catholic Mission is helping expand access to education through the construction of St Peter's Nyamikuta Primary School, creating opportunities for children like Yamikani to learn, grow and build a brighter future.

Mission reminds us that we are one family in Christ, united across cultures and continents in hope and solidarity.

Watch Yamikani's story here:
<https://www.youtube.com/watch?v=cMOPIfK028w>

*Name changed to protect identity.

#WorldMissionMonth #CatholicMission

Post 4: Put Mission into Action



Mission calls us to pray, advocate and act.

There are many ways to take part in the Church's mission.

- 🙏 Pray for missionaries and the communities they serve.
- 📢 Share stories of hope and help raise awareness.
- ❤️ Support projects that bring education, healthcare and hope to communities in need.

As Pope Leo XIV reminds us, every Christian is called to be a missionary. Together, our prayers, our voices and our generosity can make a lasting difference.

To learn more about this year's World Mission Month and discover how you can take part, visit Catholic Mission's website: <https://www.catholicmission.org.au/united>

#WorldMissionMonth #CatholicMission

Post 5: Join Us for World Mission Sunday



Join us this World Mission Sunday.

This World Mission Sunday, we gather with Catholics around the world to celebrate our shared mission and pray for communities across the globe.

As we mark the 100th anniversary of World Mission Sunday, let us come together in faith, remembering that we are one family in Christ, called to bring hope wherever we are.

- 📍 World Mission Sunday Mass
- 📅 Sunday 18 October
- 🕒 [Insert time]
- 📍 [Insert parish]

We look forward to celebrating with you as we pray, reflect and renew our commitment to God's mission.

#WorldMissionMonth #CatholicMission